

EDINBURGH IBD NEWSLETTER

SEPTEMBER 2026

VOLUME 1

WELCOME!

Thank you for taking time to read Edinburgh IBD's first newsletter! Read about what our team is doing, including:

- Which studies are recruiting
- Study of the month
- Milestones
- Patient events

PATIENT EVENT

Join us for the 2nd IBD Patient Event in our '*Living Well With IBD*' Series.

**PLEASE SHARE WITH YOUR
PATIENTS**

EVENT DETAILS

Join us **in-person** at the IGC or joining the **online live-stream**.

**Wednesday
9th September
18:00–19:30**

A practical session about IBD medicines, with time for questions. **FREE** Registration!

[IBD.eventbrite.com](https://www.edinburghibd.com)

www.edinburghibd.com



Living well with IBD series

Edinburgh IBD

Understanding IBD Treatments - Info Event

Theme: IBD Drugs



Hear from experts.
Ask questions. Get connected.
Scan or copy link to book your FREE
place at our information evening!
Link: <https://IBD.eventbrite.com>

Attend in-person or online.



9th Sept
6–7:30pm

Lecture Theatre EG.02,
IGC East Building,
Western General
Hospital,
Crewe Road South

**Patients,
family,
friends &
carers
welcome**

Got questions?

We'd love to hear from you! Contact Hannah
(Event Organiser) at: hannah.schafer@ed.ac.uk

CONTACT US

Learn more about the team,
upcoming events & trials!

Events and general queries:
hannah.schafer@ed.ac.uk

OUR STUDIES

Edinburgh IBD supports **16** GI studies!

RECRUITING

VICTRIVIA: Vedolizumab with & without upadacitinib in CD.

VECTORS: Treat to target with IUS in CD.

OVATION: Optimizing herpes zoster vaccine in IBD.

OPEN-IBD: Multi-omics inception cohort in IBD.

OCEAN: Optimize before CD surgery using enteral nutrition.

TARGET-CD: Testing new targeted for CD.

IBD BIORESOURCE: UK IBD genetics major cohort.

GUSTO: Guselkumab effectiveness in UC and CD

GONDOMAR: studying perianal Crohn's fistula.

BAD: Bile acid diarrhea treated with colesevelam.

ACESO: upadacitinib at day one for acute severe UC

SET-UP

U-EVOLVE: Upadacitinib/ Risankizumab combination for fistulising perianal CD.

SENTINEL: digital platform for management of IBD in Lothian with companion patient app

STUDY OF THE MONTH

VECTORS

Treating to a target of transmural healing in moderate-to-severe Crohn's disease using intestinal ultrasound.

Local PI: Dr Nik Plevris

First patient just recruited!

Could one of your patients be eligible?

loth.giresearchnurses
@nhs.scot

IBD-RESPONSE HAS CLOSED!

We 52 patients, ranking 7th out of 48 sites. Thank you to everyone involved!

This is a major UK-wide study testing the microbiome for drug response signatures. Results sometime next year.

CLOSED

MOTION: surgery vs none effectiveness in OA.

MINIMISE: Monotherapy with infliximab, switching to subcutaneous therapy.

EFFECT-UC: Etrasimod effectiveness in UC.